

Reay Primary School

Weekly menu

WEEK ONE: W/C 5/9, 26/9, 17/10, 14/11, 5/12, 9/1, 30/1/23



Monday

Pizza Margherita or Sweet Pepper, Olive & Pesto
Pizza with Chef's Salad
Eggs, Milk, Soybeans, Wheat

Tuesday

Italian Style Meatballs in Tomato Sauce with Pasta
Wheat

Wednesday

Herb Roast Turkey with Roast Potatoes & Gravy

Thursday

Beef Penne Pasta with Garlic & Herb Focaccia Bread
Eggs, Milk, Soybeans, Wheat

Friday

Battered Fish with Chips & Tomato Sauce
Fish, Wheat

Indian Style Vegetable Biryani with Chickpea Dahl
Wheat

Tomato & Basil Pasta with Cheddar Cheese & Herb Bread
Eggs, Milk, Soybeans, Wheat

Red Pepper & Sweet Potato Pattie with Sweetcorn Rice, Crunchy Coleslaw & Piri Piri Lemon & Herb Dressing
Eggs, Milk, Mustard, Wheat

Pasta Primavera with Garlic & Herb Focaccia Bread
Eggs, Milk, Soybeans, Wheat

Macaroni Cheese
Milk, Wheat

Salad Selection

Salad Selection

Salad Selection

Salad Selection

Salad Selection

Vegetable Selection

Vegetable Selection

Vegetable Selection

Vegetable Selection

Vegetable Selection

Apple & Cinnamon Sponge with Custard
Eggs, Milk, Wheat

Red Velvet Cake with Chocolate Sauce
Eggs, Milk, Wheat

Portuguese Style Mini Orange Cake with Fresh Orange Wedges
Eggs, Milk, Wheat

Berry Swirl Sponge with Custard
Eggs, Milk, Wheat

Harrison Bear Chocolate Shortbread with Fresh Fruit Wedges
Wheat

Available daily

Please ask the catering manager for food allergen information

Salad Selection ~ Vegetable Selection ~ Homemade Bread ~ Fresh Fruit Platter ~ Yoghurt

Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore **your child or the member of school staff who presents your child at the counter must check each time before being served with the food**
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, **they or school member must check each time before being served with the food.**

Our allergen process is written to protect the welfare of the children.

Reay Primary School

Weekly menu

WEEK TWO: W/C 12/9, 3/10, 31/10, 21/11, 12/12, 16/1, 6/2/23



Monday

Macaroni Cheese with Tomato & Basil Focaccia Bread
Eggs, Milk, Soybeans, Wheat

Tuesday

Jacket Potato with Mild Beef Chilli & Sour Cream
Milk, Wheat
Jacket Potato with Baked Beans & Cheddar Cheese
Milk

Wednesday

Chicken Jalfrezi with Pilau Rice
Wheat

Thursday

Beef or Lamb Bolognaise with Fusilli Pasta & Tomato & Herb Breadstick
Eggs, Milk, Soybeans, Wheat

Friday

Battered Fish with Chips & Tomato Sauce
Fish, Wheat

Sweet Potato Stir with Spiced Vegetable Rice

Thai Style Salmon Fishcake with Sweet Chilli Sauce & Coconut Pilaf
Fish, Milk, Wheat

Sweet Potato, Carrot & Courgette Pakoras with Dhal & Pilau Rice
Wheat

Tuscan Style Tomato & Bean Sauce with Fusilli Pasta & Chef's Salad
Wheat

Chilli Bean Wrap with Salsa & Chips
Wheat

Salad Selection

Salad Selection

Salad Selection

Salad Selection

Salad Selection

Vegetable Selection

Vegetable Selection

Vegetable Selection

Vegetable Selection

Vegetable Selection

Lemon Sponge with Custard
Eggs, Milk, Wheat

Carrot & Orange Cake with Custard
Eggs, Milk, Wheat

Ice Cream with Fresh Fruit Wedges
Milk

Marbled Sponge with Chocolate Sauce
Eggs, Milk, Wheat

Chocolate Shortbread with Fresh Orange Wedges
Wheat

Available daily

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Weekly menu

WEEK THREE: W/C 19/9, 10/10, 7/11, 28/11, 2/1, 23/1/23



Monday

Minced Beef Slice with Oven Roasted Potato Wedges
Wheat

Tuesday

BBQ Style Chicken with Vegetable Rice & Winter Fruity Coleslaw
Eggs, Milk, Mustard, Wheat

Wednesday

Mexican Style Soft Chilli Beef Taco & Toppings (Cheese, Salsa, Sour Cream) with Refried Beans & Mexican Style Rice
Milk, Wheat

Thursday

Chicken Sausages with Mashed Potatoes

Friday

Battered Fish with Chips & Tomato Sauce
Fish, Wheat

Japanese Style Sweet Potato, Carrot & Chickpea Curry with Egg Fried Rice
Eggs, Milk, Soybeans, Wheat

Cheese & Chive Vegetable Pasta with Tomato Focaccia Bread
Eggs, Milk, Soybeans, Wheat

Mexican Style Vegetable Fajita & Toppings (Cheese, Salsa, Sour Cream) with Refried Beans & Mexican Style Rice
Milk, Wheat

Pesto Style Pasta with a Mediterranean Style Salad with Olives & Croutons
Eggs, Milk, Soybeans, Wheat

Carrot & Chickpea Falafel Pitta with Tomato Relish. Rainbow Ribbon Salad & Chips
Mustard, Wheat

Salad Selection

Salad Selection

Salad Selection

Salad Selection

Salad Selection

Vegetable Selection

Vegetable Selection

Vegetable Selection

Vegetable Selection

Vegetable Selection

Pineapple & Orange Sponge with Custard
Eggs, Milk, Wheat

Orange Cake with Custard
Eggs, Milk, Wheat

Jelly with Fresh Fruit Wedges

Chocolate Sponge with Chocolate Sauce
Eggs, Milk, Wheat

Harrison Bear Lemon Shortbread with Fresh Fruit Wedges
Wheat

Available daily

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Salad Selection ~ Vegetable Selection ~ Homemade Bread ~ Fresh Fruit Platter ~ Yoghurt

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